

Week 1	Warren	Cereals containing Gluten	Crustaceans	Eggs	Fish	Peanuts	Soyabeans	Milk	Nuts	Celery	Mustard	Sesame	Sulphites	Lupin	Molluscs
Monday	Spiced barbecue chicken drumstick, basmati rice, broccoli	✓		✓			✓	✓		✓	✓				
	Vegetable & Quorn chilli, basmati rice, broccoli	✓		✓				✓		✓					
Tuesday	Mediterranean pizza, mixed salad, coleslaw	✓		✓			✓	✓		✓					
	Cheese & tomato pizza, mixed salad, coleslaw	✓		✓			✓	✓		✓					
	Fruit jelly														
Wednesday	Roast loin of pork, sage & onion stuffing, roast potatoes, cauliflower, carrots	✓													
	Spicy bean casserole, roast potatoes, cauliflower, carrots									✓					
Thursday	Chilli beef & pepper wholemeal burrito, garlic bread, salsa	✓					✓	✓		✓					
	Smoked paprika & tomato wholemeal pasta bake, garlic bread, salsa	✓					✓			✓			✓		
	Apple crumble & custard	✓		✓			✓	✓							
Friday	Breaded cod fillet, oven chips, peas	✓			✓						✓				
	Mushroom, spinach & brown rice stuffed peppers, peas, oven chips							✓							
	Chocolate cookie	✓					✓	✓							
Every day	Jacket potato - cheese							✓							
	Jacket potato - tuna mayo			✓	✓										
	Jacket potato - baked beans														
	Various jacket potato fillings - please check allergens	*	*	*	*	*	*	*	*	*	*	*	*	*	*
	Bread	✓		✓								✓			
	Cut fruit - various														
	Organic yoghurt							✓							

Week 2	Warren	Cereals containing Gluten	Crustaceans	Eggs	Fish	Peanuts	Soyabeans	Milk	Nuts	Celery	Mustard	Sesame	Sulphites	Lupin	Molluscs
Monday	Beef bolognaise, wholemeal pasta, courgettes	✓						✓		✓					
	Vegetable & lentil bolognaise, wholemeal pasta, courgettes	✓						✓		✓					
Tuesday	Chicken balti, turmeric rice, peas, cauliflower florets														
	Sweet potato, pepper & lentil curry, turmeric rice, peas, cauliflower														
	Chocolate brownie	✓		✓				✓							
Wednesday	Roast Turkey, sage & onion stuffing, roast potatoes, cabbage, carrots, gravy	✓													
	Cheese & potato whirl, roast potatoes, cabbage, carrots, gravy	✓						✓			✓				
Thursday	Ashlyns pork sausage in a roll, potato wedges, baked beans	✓										✓	✓		
	Quorn sausage in a roll, potato wedges, baked beans	✓		✓				✓				✓			
	Coconut & jam sponge, custard	✓		✓				✓					✓		
Friday	Battered cod, oven chips, peas	✓			✓			✓							
	Cheesy wrap stack, oven chips, peas	✓						✓							
	Oat flapjack	✓						✓							
Every day	Jacket potato - cheese							✓							
	Jacket potato - tuna mayo			✓	✓										
	Jacket potato - baked beans														
	Various jacket potato fillings - please check allergens	*	*	*	*	*	*	*	*	*	*	*	*	*	*
	Bread	✓		✓								✓			
	Cut fruit - various														
	Organic yoghurt							✓							

Week 3	Warren	Cereals containing Gluten	Crustaceans	Eggs	Fish	Peanuts	Soyabeans	Milk	Nuts	Celery	Mustard	Sesame	Sulphites	Lupin	Molluscs
Monday	Lemon infused chicken fillet, long grain rice, vegetable ratatouille														
	Spinach & ricotta cheese fritatta, long grain rice, vegetable ratatouille			✓				✓							
Tuesday	Macaroni cheese, garlic bread, peas	✓						✓			✓				
	Poached salmon, dill & broccoli pasta, garlic bread, garden peas	✓			✓		✓	✓							
	Shortbread	✓						✓							
Wednesday	Roast chicken thigh, roast potatoes, carrots, spring cabbage														
	Mushroom & lentil roast, roast potatoes, carrots, spring cabbage	✓					✓						✓		
Thursday	Ashlyns beef burger in a bun, potato wedges, mixed salad	✓										✓	✓		
	Meat free burger in a bun, potato wedges, mixed salad	✓		✓				✓				✓	✓		
	Chocolate sponge, chocolate sauce	✓		✓			✓	✓							
Friday	Breaded fish fingers, oven chips, baked beans	✓			✓			✓							
	Roasted leek, red onion & feta cheese wholemeal pastry tart, oven chips, baked beans	✓		✓				✓							
	Ice cream							✓							
Every day	Jacket potato - cheese							✓							
	Jacket potato - tuna mayo			✓	✓										
	Jacket potato - baked beans														
	Various jacket potato fillings - please check allergens	*	*	*	*	*	*	*	*	*	*	*	*	*	*
	Bread	✓		✓								✓			
	Cut fruit - various														
	Organic yoghurt							✓							